

# SDM STEPHANIE D. MCKENZIE

**SPEAKER | TEACHER | AUTHOR | COACH**



I THOROUGHLY ENJOYED WORKING WITH **COACH STEPH** ON "SPRING CLEAN YOUR LOVE LIFE" TELECLASS. **HER IDEAS ON HOW TO CLEAR OUT RELICS FROM OLD RELATIONSHIPS WERE BOTH INSIGHTFUL AND ACTIONABLE...**

**LORI LEWIS, SENIOR. PRODUCTS MANAGER**



## WWW.STEPHANIEDMCKENZIE.COM

**Stephanie is a multi-certified Empowerment coach, TEDx Speaker, bestselling author, and transformational educator that teaches high-achieving individuals and teams to activate empowerment within by speaking on unsung superpowers that transform your life, love and revenue.**

**"BE YOUR OWN SUPERHERO!"**

Stephanie speaks on various facets of personal, professional and entrepreneurial empowerment—including health and wellness. Of her work as a speaker and facilitator she says, "it's a privilege and an honor to stand before a group or a crowd with the unique opportunity to share a message that could change someone's life!"

Stephanie has one goal for every audience, young or young-at-heart, small or large...and that goal is that they are empowered to make decisions and take actions that positively impact their lives, love, team and their goals.

### AS SEEN IN

# KEYNOTE+TEACHING TOPICS...



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## KEYNOTE

## “SUPER. HUMAN.” SIX UNSUNG SUPERPOWERS THAT WILL SHIFT HOW YOU DO WHAT YOU DO

### WORKPLACE

- Conflict Resolution
- Communication
- Diversity
- Work-Life Harmony
- Workday Balance
- Stress Management
- Meditation and Mindfulness
- Leadership
- Special Programs:
  - Corporate Masterminds
  - Two Minute Time In

### STUDENT

- Work-Life-Learn Balance
- 111 Things Every College Student Should Know (Book-based)
- Dating and Healthy Relationships (And friendships)
- College Prep for Seniors
- Life Skills
- Diversity

### LOVE + LIFE

- Self-Care/Self-Love
- What is Kryptoniting? (Book Based)
- EPIC Abundance
- The Business of Dating (Book-based Presentation)
- Conflict Resolution
- Premarital and Marital Topics of Interest

# TESTIMONIALS AND MORE...



Coach Stephanie was one of the most entertaining, enlightening speakers Grinnell has ever seen. The Iowa cornfields did not quite know what to expect when inviting Stephanie to our anti-relationship, pro-hook-up/one-night stand campus, but all of the students were surprised by her realness.

**C. Griffen**  
Student Events Director



I couldn't have been more pleased with the content of her presentations. Working with Stephanie was a wonderful experience. She is great at captivating an audience. We received amazing feedback with one stating "This was one of the best. Bring her back again." I can't recommend her enough!

**M. Grance**  
Marketing Manager

### JUST A FEW OF THE COMPANIES WE'VE WORKED WITH



**“EMPOWERMENT WITHIN” is the ability to make powerful decisions and take decisive action to achieve goals, live fully and exceed expectations. (Some may even call this being “superhuman.”)**

An entrepreneur for more than three decades, Stephanie's background is diversified and includes:

- Graduate degrees in Business and Theology.
- Award-winning marketing expertise.
- More than 10 coaching certifications in from life coaching to meditation, sleep science and integrative nutrition.

A college educator for 11 years, Stephanie delivers topics with both humor and heart, but also guides the audience to seek their own truth. She will empower your group of coaches, business owners, leaders, students or relationship enthusiasts to be their own superheroes—by any means necessary!

[MORE TESTIMONIALS AT STEPHANIEDMCKENZIE.COM/SPEAKING](http://STEPHANIEDMCKENZIE.COM/SPEAKING)

**BOOK STEPH FOR YOUR EVENTS/EPISODES/TRAINING: HEY@STEPHANIEDMCKENZIE.COM**